

# ORAL CONTRACEPTIVES

## MICROGYNON ORAL CONTRACEPTIVES



### RELIABLE CONTRACEPTIVE CHOICE FOR WOMEN

Microgynon is a trusted and widely-used oral contraceptive that provides effective protection against unintended pregnancies. Designed with a combination of two hormones, estrogen and progestin.

#### WHY CHOOSE MICROGYNON?

- **Proven Effectiveness:** Microgynon has a high efficacy rate when taken correctly, making it one of the most reliable birth control options available.
- **Regulated Menstrual Cycles:** Besides preventing pregnancy, Microgynon helps in regulating menstrual cycles, reducing menstrual cramps, and easing symptoms of premenstrual syndrome (PMS).
- **Easy to Use:** Simply take one pill at the same time each day to ensure continuous protection.
- **Safe and Trusted:** Microgynon has been trusted by millions of women worldwide and is backed by extensive research and clinical studies.



#### HOW IT WORKS

Microgynon contains synthetic versions of the female hormones estrogen and progestin. These hormones work together to prevent ovulation, thicken the mucus in the cervix to make it difficult for sperm to enter the uterus, and thin the lining of the uterus to prevent a fertilized egg from implanting.

#### WHO CAN USE MICROGYNON?

Microgynon is suitable for most women who are seeking a reliable method of contraception. However, it's important to consult with your healthcare provider to determine if Microgynon is the right choice for you, especially if you have any pre-existing health conditions.

#### CONSULTATION AND PRESCRIPTION

If you're considering Microgynon as your contraceptive choice, we recommend scheduling a consultation with our healthcare professionals. They can provide personalized advice, answer any questions, and, if appropriate, issue a prescription.



### GET STARTED TODAY

Choosing the right contraceptive is a crucial decision. Let us help you take control of your reproductive health with confidence. Visit our clinic or contact us to learn more about Microgynon and other contraceptive options available to you.



SCAN ME

21 beige tablets, each containing  
0.15 mg Levonorgestrel and  
0.03mg Ethinylestradiol  
7 placebo tablets  
Contains lactose



# ORAL CONTRACEPTIVES

## MICROLUT ORAL CONTRACEPTIVES



### A GENTLE AND EFFECTIVE CONTRACEPTIVE SOLUTION

Microlut is a progestin-only oral contraceptive, often referred to as the “mini-pill,” designed for women seeking a reliable yet gentle birth control option. Unlike combination pills, Microlut contains only a low dose of the hormone progestin, making it suitable for women who may not tolerate estrogen or who are breastfeeding.

#### WHY CHOOSE MICROLUT?

- **Progestin-Only Formula:** Microlut is ideal for women who are sensitive to estrogen or for those who prefer a lower dose hormone contraceptive.
- **Safe for Breastfeeding:** Microlut is a preferred choice for nursing mothers as it does not affect milk production, allowing you to continue breastfeeding without worry.
- **Effective Pregnancy Prevention:** When taken correctly, Microlut provides reliable protection against pregnancy by thickening cervical mucus and altering the uterine lining.
- **Daily Convenience:** Microlut is easy to take—simply one pill at the same time every day ensures consistent protection.



#### HOW IT WORKS

Microlut works by delivering a steady, low dose of the hormone progestin, which prevents pregnancy in three key ways:

1. **Thickening Cervical Mucus:** Makes it difficult for sperm to reach the egg.
2. **Altering Uterine Lining:** Prevents the implantation of a fertilized egg.
3. **Suppressing Ovulation:** In some cases, Microlut may also inhibit ovulation, though this is not its primary mode of action.

#### WHO CAN USE MICROLUT?

Microlut is suitable for women who:

1. Are sensitive to estrogen.
2. Are breastfeeding.
3. Prefer a low-dose contraceptive option.
4. Are looking for a reliable alternative to combination pills.

As with any contraceptive, it's essential to consult with your healthcare provider to ensure Microlut is the right choice for your individual health needs.



### CONSULTATION AND PRESCRIPTION

Our experienced healthcare professionals are available to guide you through your contraceptive options, including Microlut. Schedule a consultation today to discuss your needs and receive a personalized prescription.



SCAN ME

1 tablet contains Levonorgestrel 0.03 mg  
Contains Lactose

### TAKE CONTROL OF YOUR REPRODUCTIVE HEALTH

Microlut offers a gentle yet effective way to prevent pregnancy, giving you peace of mind and control over your reproductive health. Visit our clinic or contact us for more information and to get started with Microlut.



# ORAL CONTRACEPTIVES

## MARVELON 28 ORAL CONTRACEPTIVES



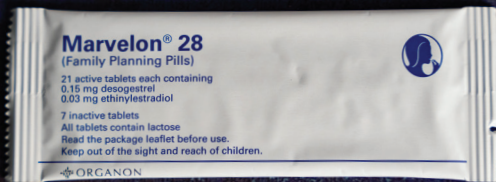
### A COMPREHENSIVE CONTRACEPTIVE SOLUTION

Marvelon 28 is a combination oral contraceptive pill that offers effective and reliable protection against unintended pregnancies. Each pack contains 28 pills, including 21 active pills with a combination of estrogen and progestin hormones, and 7 inactive pills to help you maintain a consistent daily routine.



#### WHY CHOOSE MARVELON 28?

- **Highly Effective:** Marvelon 28 provides over 99% effectiveness in preventing pregnancy when taken as directed.
- **Cycle Regulation:** Helps regulate menstrual cycles, making periods more predictable and often lighter, with reduced menstrual cramps.
- **Convenient Daily Dosing:** With 28 pills per pack, Marvelon 28 ensures you stay on track with your contraceptive routine without any gaps.



#### HOW IT WORKS

Marvelon 28 contains two hormones, estrogen and progestin, which work together to prevent pregnancy by:

1. **Inhibiting Ovulation:** Prevents the release of an egg from the ovaries.
2. **Thickening Cervical Mucus:** Makes it difficult for sperm to enter the uterus.
3. **Altering Uterine Lining:** Reduces the likelihood of implantation of a fertilized egg.

The 7 inactive pills in each pack allow for a regular menstrual period while maintaining the habit of taking a daily pill.

#### WHO CAN USE MARVELON 28?

Marvelon 28 is suitable for women who:

- Are looking for a highly effective, combination oral contraceptive.
- Want to regulate their menstrual cycles.
- May benefit from the added skincare benefits of a combination pill.

As with all oral contraceptives, it's important to consult with your healthcare provider to determine if Marvelon 28 is the right choice for your health and lifestyle.

### CONSULTATION AND PRESCRIPTION

Considering Marvelon 28? Our healthcare team is here to provide expert guidance and help you make an informed decision. Schedule a consultation to discuss your contraceptive needs and receive a personalized prescription.



21 active tablets each containing  
0.15 mg Desogestrel  
0.03 mg Ethinylestradiol  
7 inactive tablets  
All tablets contain Lactose

### EMPOWER YOUR REPRODUCTIVE CHOICES

Marvelon 28 offers a comprehensive and convenient way to manage your reproductive health. Get in touch with us today to learn more about Marvelon 28 and how it can fit into your lifestyle.



# ORAL CONTRACEPTIVES

## DIANE 35 ORAL CONTRACEPTIVES



### EFFECTIVE CONTRACEPTION WITH ADDED SKIN BENEFITS

Diane 35 is a combination oral contraceptive that not only offers reliable pregnancy prevention but is also specially formulated to help manage acne and other androgen-related skin conditions. With its unique blend of estrogen and cyproterone acetate, a progestin with anti-androgenic properties, Diane 35 is an ideal choice for women seeking both contraceptive benefits and clearer skin.

#### WHY CHOOSE DIANE 35?

- **Dual Benefits:** Diane 35 provides effective contraception while also treating moderate to severe acne and reducing excessive hair growth (hirsutism) in women.
- **Regulates Menstrual Cycles:** Helps make your periods more regular, lighter, and less painful, improving your overall menstrual health.
- **Trusted Solution:** Diane 35 has been widely used and trusted by women around the world for its dual benefits in contraception and skin health.
- **Clear Skin:** By reducing androgen levels, Diane 35 can significantly improve skin appearance, making it a preferred choice for women with acne or oily skin.

#### HOW IT WORKS

Diane 35 combines two active ingredients: ethinylestradiol (a synthetic estrogen) and cyproterone acetate (a progestin with anti-androgenic effects).

These hormones work together to:

1. **Prevent Ovulation:** Inhibits the release of an egg from the ovaries.
2. **Thicken Cervical Mucus:** Makes it harder for sperm to enter the uterus.
3. **Alter Uterine Lining:** Reduces the likelihood of a fertilized egg implanting.

The anti-androgenic properties of cyproterone acetate also help reduce the production of androgens, which are responsible for acne and excessive hair growth.

#### WHO CAN USE DIANE 35?

Diane 35 is suitable for women who:

- Require effective contraception.
- Suffer from moderate to severe acne or hirsutism.
- Prefer a dual-purpose contraceptive that also offers dermatological benefits.

As with any medication, it's important to consult with your healthcare provider to ensure Diane 35 is the right choice for your specific health needs and conditions.



### CONSULTATION AND PRESCRIPTION

If you're considering Diane 35, our healthcare professionals are here to provide personalized advice and support. Schedule a consultation to discuss your options and receive a prescription tailored to your needs.

### ACHIEVE CONTRACEPTION AND CLEARER SKIN

Diane 35 offers a comprehensive solution for women seeking reliable contraception and an improvement in skin conditions. Contact us today to learn more about Diane 35 and take control of your reproductive and skin health.



SCAN ME

1 coated tablet contains:  
Cyproterone Acetate 2 mg  
Ethinylestradiol 0.035 mg



# INJECTABLE CONTRACEPTIVE

## DEPO-PROVERA INJECTABLE CONTRACEPTIVE

### LONG-ACTING, REVERSIBLE AND CONVENIENT BIRTH CONTROL

Depo-Provera is a highly effective injectable contraceptive that provides long-lasting protection against pregnancy with just one shot every three months. This progestin-only contraceptive is ideal for women seeking a low-maintenance, reversible birth control method without the need for daily pills.

### WHY CHOOSE DEPO-PROVERA?

- **Highly Effective:** With over 99% effectiveness, Depo-Provera is one of the most reliable contraceptive methods available when used as directed.
- **Long-Lasting Protection:** A single injection provides up to 12 weeks of continuous pregnancy prevention, freeing you from the need to remember daily or weekly contraceptives.
- **Low Maintenance:** No daily pills or frequent dosing schedules—just visit your healthcare provider every three months for a quick injection.
- **Suitable for Many Women:** Depo-Provera is a great option for women who cannot or prefer not to use estrogen-containing contraceptives, including those who are breastfeeding.



### CONSULTATION AND ADMINISTRATION

Our healthcare professionals are here to provide you with all the information you need about Depo-Provera. Schedule a consultation to discuss your contraceptive options, and receive your injection in a comfortable and supportive environment.



Each mL contains:  
Medroxyprogesterone Acetate, 150 mg

### HOW IT WORKS

Depo-Provera contains the hormone progestin (medroxyprogesterone acetate), which works to prevent pregnancy through several mechanisms:

1. **Inhibiting Ovulation:** Prevents the release of an egg from the ovaries.
2. **Thickening Cervical Mucus:** Makes it difficult for sperm to reach the egg.
3. **Altering Uterine Lining:** Reduces the likelihood of a fertilized egg implanting in the uterus.

### WHO CAN USE DEPO-PROVERA?

Depo-Provera is suitable for women who:

- Are looking for a long-lasting, low-maintenance contraceptive.
- Cannot or prefer not to use estrogen-containing birth control.
- Are breastfeeding or have certain medical conditions that limit other contraceptive options.

Before starting Depo-Provera, it's important to consult with your healthcare provider to ensure this method is appropriate for your health and lifestyle. Some women may experience changes in their menstrual cycle, including irregular bleeding or, over time, a reduction or cessation of periods.

### TAKE CONTROL OF YOUR REPRODUCTIVE HEALTH

Depo-Provera offers a hassle-free and reliable way to prevent pregnancy. Contact us today to learn more about this convenient contraceptive method and how it can fit into your lifestyle.



# INJECTABLE CONTRACEPTIVE

## NORISTERAT 200MG INJECTABLE CONTRACEPTIVE



### SHORT-TERM, EFFECTIVE BIRTH CONTROL

Noristerat 200mg is an injectable contraceptive designed to provide short-term, reliable protection against pregnancy. This progestin-only contraceptive is administered every eight weeks, making it an ideal choice for women seeking a temporary contraceptive solution, such as those planning for future pregnancy or transitioning between other contraceptive methods.

### WHY CHOOSE NORISTERAT 200MG?

- **Effective Short-Term Protection:** Noristerat 200mg offers up to 8 weeks of effective pregnancy prevention with a single injection.
- **Ideal for Temporary Use:** Suitable for women who need birth control for a short period, such as those awaiting a more permanent method or those who prefer not to use long-term contraceptives.
- **Progestin-Only Formula:** Contains norethisterone enantate, a synthetic progestin, making it a suitable option for women who cannot or prefer not to use estrogen-containing contraceptives.
- **Simple and Convenient:** One injection every two months provides consistent contraceptive protection without the need for daily pills or frequent reminders.



### HOW IT WORKS

Noristerat 200mg contains norethisterone enantate, a progestin that prevents pregnancy through multiple mechanisms:

1. **Inhibiting Ovulation:** Stops the release of an egg from the ovaries.
2. **Thickening Cervical Mucus:** Makes it difficult for sperm to reach the egg.
3. **Altering Uterine Lining:** Reduces the likelihood of a fertilized egg implanting in the uterus.

### WHO CAN USE NORISTERAT 200MG?

Noristerat 200mg is suitable for women who:

- Need short-term contraception, such as those planning to conceive in the near future or waiting for a permanent contraceptive method.
- Prefer a progestin-only contraceptive option.
- Are looking for a reliable, temporary contraceptive solution without daily or weekly dosing.

As with all contraceptive methods, it's important to consult with your healthcare provider to ensure Noristerat 200mg is the right choice for your individual needs and health conditions.

### CONSULTATION AND ADMINISTRATION

Our experienced healthcare team is ready to assist you in making an informed decision about your contraceptive options. Schedule a consultation to discuss your needs, and receive your Noristerat 200mg injection in a comfortable setting.



1 ml contains  
Norethisterone enantate 200 mg  
in oily solution

### TEMPORARY, RELIABLE CONTRACEPTION

Noristerat 200mg offers a simple and effective way to manage your reproductive health on a short-term basis. Contact us today to learn more about this injectable contraceptive and how it can support your family planning goals.



# INJECTABLE CONTRACEPTIVE

## NORIGYNON 50 MG INJECTABLE CONTRACEPTIVE

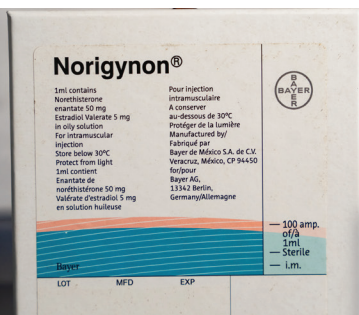


### RELIABLE MONTHLY BIRTH CONTROL

Norigynon 50mg is an injectable contraceptive designed to provide effective and reliable pregnancy prevention with a single monthly dose. This combination contraceptive contains both estrogen and progestin, offering a convenient option for women who prefer a regular, once-a-month birth control solution.

### WHY CHOOSE NORIGYNON 50MG?

- **Monthly Protection:** Norigynon 50mg provides a full month of pregnancy prevention with just one injection, allowing you to enjoy worry-free protection without daily reminders.
- **Combination Hormone Formula:** Contains both estrogen and progestin, similar to combination oral contraceptives, ensuring highly effective birth control.
- **Regulates Menstrual Cycles:** Helps maintain regular menstrual cycles, often leading to lighter, less painful periods and reduced premenstrual symptoms.
- **Convenient and Discreet:** A once-a-month injection is a convenient alternative to daily pills, patches, or other forms of contraception, allowing for a discreet contraceptive method that fits into your lifestyle.



### HOW IT WORKS

Norigynon 50 mg combines two hormones—estradiol (a form of estrogen) and norethisterone (a synthetic progestin)—that work together to prevent pregnancy by:

1. **Inhibiting Ovulation:** Prevents the release of an egg from the ovaries.
2. **Thickening Cervical Mucus:** Makes it difficult for sperm to enter the uterus.
3. **Altering Uterine Lining:** Reduces the likelihood of a fertilized egg implanting.

### WHO CAN USE NORIGYNON 50MG?

Norigynon 50mg is suitable for women who:

- Prefer a combination contraceptive but want to avoid the need for daily pills.
- Desire a monthly birth control method that aligns with their routine.
- Seek an effective contraceptive option that also helps regulate menstrual cycles.

As with all contraceptive methods, it's important to consult with your healthcare provider to ensure Norigynon 50mg is the best option for your health and lifestyle.



### CONSULTATION AND ADMINISTRATION

Our dedicated healthcare professionals are here to provide personalized advice and support. Schedule a consultation to discuss your contraceptive needs, and receive your Norigynon 50mg injection in a comfortable and professional environment.

Each ml contains:  
Estradiol valerate 5 mg and  
Norethisterone emanate 50 mg



SCAN ME

### EXPERIENCE THE EASE OF MONTHLY CONTRACEPTION

Norigynon 50mg offers a reliable, monthly contraceptive option that fits seamlessly into your life. Contact us today to learn more about how Norigynon 50mg can help you take control of your reproductive health.



# INTRAUTERINE DEVICE (IUD) CONTRACEPTIVES



## LONG-TERM, HIGHLY EFFECTIVE BIRTH CONTROL SOLUTIONS

Intrauterine Devices (IUDs) are a popular choice for women seeking long-term, hassle-free contraception. These small, T-shaped devices are inserted into the uterus by a healthcare professional, offering reliable protection against pregnancy for several years. Among the most trusted IUD options are Copper T, Copper T Sleek, and Mirena, each with its own unique benefits to suit your individual needs.

### COPPER T IUD

#### NATURAL, HORMONE-FREE PROTECTION

The Copper T IUD is a non-hormonal contraceptive that provides long-term protection against pregnancy for up to 10 years. Made of copper, a natural spermicide, the Copper T IUD prevents sperm from fertilizing an egg, offering a highly effective and hormone-free birth control option.

#### Key Benefits:

- **Long-Lasting:** Provides up to 10 years of protection with a single insertion.
- **Hormone-Free:** Ideal for women who prefer to avoid hormones.
- **Highly Effective:** Over 99% effectiveness in preventing pregnancy.
- **Quick Return to Fertility:** Fertility typically returns quickly after removal.

### COPPER T SLEEK IUD

#### DISCREET AND COMFORTABLE DESIGN

The Copper T Sleek IUD offers all the benefits of the traditional Copper T IUD but with a slimmer, more comfortable design. This makes it an excellent choice for women who may be concerned about the comfort or fit of an IUD, without compromising on effectiveness.

#### Key Benefits:

1. **Sleek Design:** Slimmer profile for easier insertion and enhanced comfort.
2. **Long-Term Protection:** Provides effective pregnancy prevention for up to 10 years.
3. **No Hormones:** A natural, hormone-free method of birth control.
4. **Low Maintenance:** Once inserted, it requires no daily attention.



Intrauterine device made of Polyethylene. The stem is covered with copper wire and there are copper sleeves on each horizontal arms.





# INTRAUTERINE DEVICE (IUD) CONTRACEPTIVES



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### MIRENA IUD

#### HORMONAL IUD WITH ADDED HEALTH BENEFITS

Mirena is a hormonal IUD that provides up to 5 years of birth control while also offering additional health benefits. It releases a small amount of progestin, which thickens cervical mucus to block sperm and thins the uterine lining to prevent implantation. Mirena is also known to reduce heavy menstrual bleeding and is often recommended for women with certain health conditions.

#### Key Benefits:

- **Highly Effective:** Over 99% effective in preventing pregnancy.
- **Long-Lasting:** Provides up to 5 years of protection with one insertion.
- **Reduces Menstrual Bleeding:** Often decreases menstrual flow and can even stop periods in some women.
- **Helps with Heavy Periods:** Approved for the treatment of heavy menstrual bleeding.



## WHY CHOOSE AN IUD?

IUDs offer several advantages, making them a preferred choice for many women:

#### Key Benefits:

1. **Low Maintenance:** Once inserted, IUDs require little to no attention.
2. **Reversible:** Can be removed at any time, with a quick return to fertility.
3. **Cost-Effective:** Provides years of contraception with a single procedure.
4. **Discreet:** No daily reminders or visible indicators of contraception.



## CONSULTATION AND INSERTION

Choosing the right IUD involves understanding your health needs and lifestyle. Our healthcare professionals are here to help you decide which IUD is best for you, whether you prefer the hormone-free Copper T, the slim Copper T Sleek, or the hormone-releasing Mirena. Schedule a consultation to discuss your options and arrange for a safe and comfortable insertion procedure



SCAN ME

Contains;  
Levonorgestrel . 52 mg

## TAKE CONTROL OF YOUR REPRODUCTIVE HEALTH

IUDs offer a long-term, effective, and convenient way to manage your reproductive health. Contact us today to learn more about Copper T, Copper T Sleek, and Mirena, and to find the best contraceptive solution for your needs.



# CONTRACEPTIVE IMPLANTS



## DISCREET, LONG-LASTING BIRTH CONTROL

Contraceptive implants are a highly effective and long-lasting birth control option designed for women who prefer a low-maintenance method of contraception. This small, flexible rod is placed just under the skin of your upper arm by a healthcare professional, providing continuous pregnancy prevention for several years.

### WHY CHOOSE A CONTRACEPTIVE IMPLANT?

- **Highly Effective:** Contraceptive implants offer over 99% effectiveness, making them one of the most reliable forms of birth control.
- **Long-Term Protection:** A single implant can prevent pregnancy for up to 3 to 5 years, depending on the type.
- **Low Maintenance:** Once inserted, there's no need to think about contraception daily, weekly, or monthly. You're covered until it's time for removal or replacement.
- **Reversible:** If you decide you want to become pregnant or wish to stop using the implant, it can be removed at any time with a quick return to fertility.
- **Discreet and Invisible:** The implant is a small rod placed under the skin, making it a discreet option that's not visible or noticeable to others.



### HOW IT WORKS

Contraceptive implants release a steady, low dose of progestin, a hormone that prevents pregnancy in several ways:

1. **Inhibiting Ovulation:** Prevents the ovaries from releasing eggs.
2. **Thickening Cervical Mucus:** Makes it difficult for sperm to reach an egg.
3. **Thinning the Uterine Lining:** Reduces the likelihood of a fertilized egg implanting in the uterus.

### WHO CAN USE A CONTRACEPTIVE IMPLANT?

The contraceptive implant is suitable for women who:

- Are looking for a long-term contraceptive option without the need for daily attention.
- Prefer a discreet, invisible method of birth control.
- May not be able to use estrogen-containing contraceptives.

Before choosing a contraceptive implant, it's important to discuss your health history and lifestyle with a healthcare provider to ensure it's the best option for you.

## CONSULTATION AND INSERTION

Our team of experienced healthcare professionals is here to guide you through the process of choosing the right contraceptive method. During your consultation, we'll discuss your options, answer any questions, and ensure you're comfortable with your decision. The insertion of the implant is a quick, simple procedure performed in our clinic.



SCAN ME

## SECURE YOUR PEACE OF MIND

With a contraceptive implant, you can enjoy long-term, reliable birth control without the daily hassle. Contact us today to learn more about contraceptive implants, schedule a consultation, and take the next step toward managing your reproductive health with confidence.

